NEDA WALK FAQ
Verona Park NEDA Walk Event Day Details

CHECK IN TIME: 9:30 am - 10:30 am. We will have check-in for pre-registered, and on-site registration (day of event sign up) tables. The event space is adjacent to the Verona Park Boathouse.

EVENT START TIME: The event is scheduled to start by 10:30 am. Walk is expected to start around 11:30 am.
- We will start the event with opening remarks
- Speaker presentations will follow
- Group photo
- Warm up
- Walk
- Raffle Winners / Pinata Smash

DRIVING DETAILS: Verona Park can be entered from Porcello Lane via Claremont Avenue (driving east). There is limited, priority parking within the park on Porcello Lane. If you exit Porcello Lane, you will enter onto Park Avenue. Street parking is available on Park Avenue.

Street parking can also be found along Lakeside Avenue (via Claremont Avenue OR Pleasant Valley Way. The side streets accessible from Lakeside Avenue also offer free parking and access to Verona Park via multiple Lakeside Avenue entrances.

PARKING DETAILS: Priority parking lot is right next to the field where our walk will be (access via Porcello Lane from Claremont Avenue and there is plenty of street parking all along the park. Overflow street parking is located on Lakeside Avenue, with additional street parking on Pease Ave, Whitney Terrace, Windermere Road, Balston Drive, Morningside Road, and Hillside Avenue. If parking along Lakeside Avenue or the side streets, enter Verona Park vis Lakeside Avenue (multiple entrances) and follow the walking path over the Verona Park bridge to find the NJ NEDA Walk event setup.

MORE additional parking can be found on Park Avenue (via Porcello Lane), as well as paid-meter parking on Claremont Avenue.
GUEST SPEAKERS: Jessi Minneci, Marissa Bunnell, Martin Munroe, Tyler Brunson.

ACTIVITIES: NEDA Resource Table, Tattoos and bandanas table, Raffle Prizes, Scale Smash, Poster Making, Balloon Arch for Photos

ARE DOGS ALLOWED: Yes, as long as they are on a leash.

RESTROOMS: There will be several portable restrooms on site and as well as a stationary restroom building located adjacent to the Verona Park Boathouse (alongside the event setup space).
**T-SHIRTS:** If you raised $25.00 by the T-Shirt order deadline (April 7) you are guaranteed to receive a T-Shirt on event day. We will have extra T-Shirts in various sizes, but it is first come, first serve basis. If you do not receive a T-Shirt on walk day, contact NEDA for a T-Shirt after the event.

**HOW LONG IS THE WALK?** The walk route at Verona Park we will follow is a simple walking path around Verona Lake. We will walk for about 20 minutes, following the yellow loop (pictured) around the Verona Park Bridge.
IS THERE A REGISTRATION FEE? No, there is no registration fee to participate in the NEDA Walk but we encourage a self-donation of at least $25 to receive a walk T-shirt.

SHOULD EVERYONE WALKING REGISTER? Yes, everyone, including children and pets, participating in the NEDA walk must register and fill out a waiver form.

IS THERE A FUNDRAISING MINIMUM? There is no minimum to participate, although we encourage all participants to fundraise. In order to receive an event t-shirt participants must raise or donate a minimum of $25.

WHAT’S THE EASIEST WAY TO FUNDRAISE? Your Participant Center has all the tools you’ll need to exceed your fundraising goals. You can send emails or create a Facebook Fundraiser - making FUNdraising, FUN! We also have lots of great incentives to reward fundraising efforts from $150 and beyond, more details here.
WHO DO I MAKE CHECKS OUT TO? Please make checks payable to the NEDA or National Eating Disorders Association. Donors can give online by credit card through your personal fundraising page or team fundraising page.

WHERE CAN I MAIL CASH/CHECK DONATIONS? You can mail any offline donation to our national office at any time. Please include a note with the name of the walker and event location so we credit it appropriately.

National Eating Disorders Association
333 Mamaroneck Avenue, Suite 214
White Plains, NY 10605

HOW DO I GET MATCHING GIFTS FROM MY EMPLOYER? Matching gifts can help double and sometimes triple your contribution. Please check with your employer to find out if matching gifts are available or visit our matching gifts search page.

CAN I TURN IN DONATIONS ON THE DAY OF THE EVENT? Absolutely! Just come to the registration/check-in tent upon arrival and we will have collection envelopes ready for you to use.

CAN I WALK AND VOLUNTEER? Yes, you can absolutely help volunteer and participate as a walker. Visit our Volunteer Page for more information or email Walks@NationalEatingDisorders.org for more information.

HOW MANY PEOPLE FORM A TEAM? It only takes two people to get started and five or more people to make a full team! There is no limit as to how large a team can be. If you have a large team, you can assign someone to help you manage it as a co-team captain. Contact Walks@NationalEatingDisorders.org for more information or help with getting started.

WHAT IF IT RAINS? We walk rain or shine! Please bring the appropriate gear. In the event of extreme weather (lightning, tornado, etc.) we will make a formal announcement by email, phone, on Facebook and on our website as to any changes in the event.

ARE DOGS ALLOWED AT THE WALK? Dogs are allowed in certain locations. Please check with your local NEDA Walk Coordinator to verify.

CAN I BRING A STROLLER? Yes! This is a family-friendly event and children of all ages are welcome.