NEDA WALKS
PROGRAMS AND INITIATIVES

NEDA Walks serve as important social support opportunities for people in recovery and their families and raise awareness. They also support NEDA’s other programs which provide information and support, help people feel less alone, and develop more effective and equitable treatments for all eating disorders.

Feeding Hope Fund for Clinical Research
GFED Early Investigator Award
These two grant programs support projects that will improve the lives of individuals affected by eating disorders. Since 2013, NEDA has awarded over $2 million to 20 researchers.

Online Eating Disorder Screening
Our screening tool assesses warning signs of an eating disorder and is often the entry way into the path of healing.

NEDA Toolkits
Tool kits provide accessible information and resources to educators, coaches, parents, and others on a variety of issues surrounding eating disorders.

Grace Holland Cozine Resource Center
Funded by the Grace Holland Cozine Foundation, in memory of their daughter, Grace, this resource center is the most robust information hub for the eating disorder community.

Campus Warriors
Campus Warriors are individual students, faculty members, and student organizations representing NEDA on their college and university campuses. Campus Warriors aim to educate their school community about eating disorders by participating in awareness events on campus and fundraising for NEDA’s programs and services.

The Body Project
The Body Project is a dissonance-based, body acceptance program for high school girls that is backed by two decades of research and shown to effectively reduce body dissatisfaction and have a positive impact on eating disorders. This program is used to train individuals to run the curriculum for high school aged girls.

Visit www.nationaleatingdisorders.org for more information.