



Washington, DC NEDA Walk | Saturday, April 6th | 9 am
Constitution Gardens, 1850 Constitution Ave. NW

IMPORTANT EVENT DAY DETAILS

Thank you for joining us for the Annual DC NEDA Walk! Please read this notice completely, as it contains important information about your participation in the event.

Directions & Parking Information

Constitution Gardens is located along Constitution Ave (U.S. Highway 50), primarily between 18th and 20th Streets. The Gardens is located in the National Mall, between the Lincoln Memorial and Washington Monument. General parking is available on Constitution Ave. Be sure to read the signs for restrictions and time limits. Parking is limited, and mass transit or carpooling is strongly suggested.

Public Transportation is the best option for reaching National Mall sites easily and conveniently. There are many options to reach the Mall via the Metro. There are four Metro stations that provide access to Constitution Gardens: Foggy Bottom/George Washington University at 23rd and I Streets, NW; Farragut West at 18th and I or 17th and I Streets, NW; Federal Triangle near 12th Street and Pennsylvania Avenue, NW; and Smithsonian on the Mall near 12th Street, SW. Each station is nearly 3/4 of a mile from the event site. You can also reach Constitution Gardens via the National Mall Circulator Loop bus, by getting off at the Vietnam Veterans Memorial stop (about 1 block from the Gardens). **For more directional information, click [here](#).**

9:00am | Participant Check-In Begins | NEDA Expo Opens

Constitution Gardens is located along Constitution Ave (U.S. Highway 50), primarily between 18th and 20th Streets. **Participant check-in, registration, and t-shirt pick up begins at 9:00am at Constitution Gardens, nearest 20th street.** Please proceed to the check-in tables upon arrival for your entry wristband. Please allow ample time for check-in. You will be able to turn in any check or cash donations, and registration will be open for those who still need to sign up to walk. We accept cash, check, and credit card donations. T-shirts will be given out on a first-come, first-served basis. Water and snacks will be provided, and restroom facilities are available at the park.

NEDA Expo – Activities & Exhibitors

Strike a pose at our “Love Your Selfie” Station. Write a card to someone in treatment at our Cards for Recovery Table. Donate \$5 for a chance to participate in our piñata scale smash on stage! Visit the NEDA Resource Table, get a NEDA tattoo, and participate in our advocacy station. Donate \$5 to create your own Self-Care Kit! Visit our generous sponsors to learn about their services, and to collect some fun event swag! **Cash, check, and credit cards will be accepted throughout the event.**

10:00am | Opening Ceremony | Walk Begins

Our Opening Ceremony will be inspiring and energizing, featuring two special guest speakers, top fundraiser awards, and more! The walk follows, circling the Constitution Gardens Pond twice. Round trip for the full walk is approximately 1 mile, however participants are free to walk the distance they are comfortable with and can turn around or stop at any point. Closing remarks will be back at the walk starting location.

Donation Information

Your last minute donations and offline fundraising can be brought to the event, and dropped off at the Check-In/Registration area. The success of the NEDA Walk depends on additional donations raised by our dedicated participants. **Donate online at www.nedawalk.org/dc2019.**